



Managing your farm team

Taking care of yourself and your team is critical to keeping the farm operating safely and effectively, especially during challenging periods.

Key messages

People drive farm performance and safety.

Fatigue and unfamiliar tasks increase risk.

Clear communication with your team is critical.

Good rostering supports safety and productivity.

Small changes in management can reduce pressure.

Taking time off improves decision making.

Staying safe

Challenging periods often increase safety risks on farm. This can be due to fatigue or people taking on unfamiliar tasks.

Take extra care during these times and make sure work is done safely.

Read more about farm safety and order resources at thepeopleindairy.org.au/farmsafety.

Look out for yourself and your team

There will be good and tough periods on farm. Being prepared helps you manage through them.

Put simple strategies in place early to support yourself and your team.

Make time for an interest off-farm

Taking time away, even for a few hours, helps clear your head and improves decision making.

This could include time with family and friends, sport or community activities, or being part of a local discussion group or Young Dairy Network group.

If you employ people

Keep communication clear and regular so your team feel informed and supported.

Focus on:

- Rostering the team so everyone gets adequate rest.
- Making the best use of your team's skills and time.
- Ensuring you have cover for leave and key tasks.
- Reviewing employment arrangements and entitlements.

Clear planning and communication helps maintain safety, performance and morale.

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